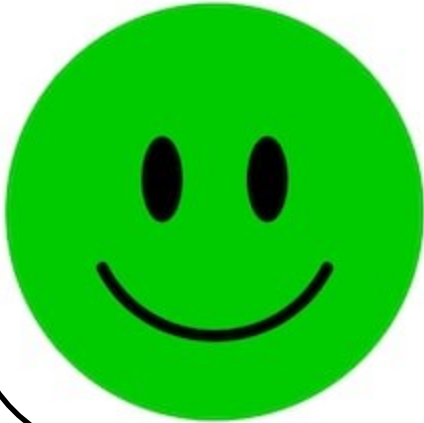


# How am I Feeling?

I FEEL HAPPY!

I FEEL ANXIOUS

I FEEL ANGRY



# What Can I do?

Keep Doing What  
I'm Doing

I CAN USE MY WORDS  
AND ASK FOR HELP

I CAN USE MY  
STRATEGIES

